

Food Buying Guide for Child Nutrition Programs

Section 5

Milk

Section 5 - Milk

1. Food As Purchased (AP)	2. Purchase Unit	3. Servings per Purchase Unit, Edible Portion (EP)	4. Serving Size per Meal Contribution	5. Purchase Units for 100 Servings	6. Additional Information
MILK, FLUID					
Milk, fluid¹ Pasteurized Nonfat milk, Low-fat milk (1%), Reduced-fat milk (2%), Whole milk, Lactose-free milk, Lactose-reduced milk, Cultured milk such as Cultured buttermilk, Cultured kefir milk, and Cultured acidophilus milk, Acidified milk such as Acidified kefir milk and Acidified acidophilus milk, and Ultra High Temperature (UHT) Milk; (includes unflavored or flavored)	Gallon	16.00	1 cup milk (1/2 pint milk)	6.30	
	Gallon	21.30	3/4 cup milk	4.70	
	Gallon	32.00	1/2 cup milk	3.20	
	Quart	4.00	1 cup milk (1/2 pint milk)	25.00	
	Quart	5.30	3/4 cup milk	18.90	
	Quart	8.00	1/2 cup milk	12.50	
	1/2 Pint (8 fl oz)	1.00	1 cup milk (1/2 pint milk)	100.00	
	3/4 Cup (6 fl oz)	1.00	3/4 cup milk	100.00	
	1/2 Cup (4 fl oz)	1.00	1/2 cup milk	100.00	

Footnotes: Milk

¹ See the Milk Introduction section of this guide for specific program requirements. Contact your State agency for additional guidance regarding milk options.